

Questions from the Message

January 10, 2021

1. Growing up, what do you remember being afraid of?
-When do you remember stop being afraid of this?
2. Today, what causes you to fear or be anxious?
-How do you normally deal with this fear or anxiety?

Read Luke Psalm 46:1-11

3. When you read that God is our refuge...what do you picture?
-What words come to mind that describe what this says about who God is for us?
4. How does God do this practically in our lives? Describe how you have experienced God being a refuge and strength for you
5. In what ways do we sometimes look to other people or other things to be our Refuge, Strength & Help?
-Is it ever OK to look to others for this? If so....when and in what circumstances?
6. What is the 'therefore' in verse 2? Why does the Psalmist determine this is the result of verse 1?
7. In verses 4-7...What are the different promises & attributes we read about God?
-Reading it....which promise or attribute means the most to you today?

Read...2 Kings 18:28-36...19:14-19...32-37

8. What was the King of Assyria wanting the people of Jerusalem to do?
-Why would this have been a bad choice?
-How is this a similar 'bad choice' when we look to others?
9. What did Hezekiah do when faced with a situation that caused great fear and anxiety?
-Why do you think Hezekiah chose to do this?
-How often do we respond like Hezekiah when we face insurmountable situations?
-why do we often wait until situations like this to finally seek God?

10. The Psalmist in verse 8 calls them to 'come and see the works of God'
-What other examples can you think of in Scripture when God delivered His people from their enemy?

12. When you read we are to 'be still and know...'
-How does this make you feel?

-is this easy for you to do, or difficult? Why or why not?

13. How does this psalm help you live forward with confidence?